Coverage Period: 01/01/2021 – 12/31/2021

Coverage for: Single + Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (225) 924-8140. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	For participating <u>providers</u> : \$900 person / \$1,800 family For non-participating <u>providers</u> : \$1,800 person / \$3,600 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services	Yes. For participating <u>providers:</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u>
covered before you meet your <u>deductible?</u>	Preventive care, diagnostic test at Woman's Hospital, mental health	amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> .
meet your <u>academote.</u>	outpatient services, <u>urgent care</u> and office visits totaling less than \$500 per visit are covered before you meet your <u>deductible</u> .	See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other	Yes. \$100 for prescription drug	You must pay all of the costs for these services up to the specific <u>deductible</u> amount
<u>deductibles</u> for specific	coverage. There are no other specific	before this <u>plan</u> begins to pay for these services.
services?	deductibles.	
What is the <u>out-of-</u>	For participating <u>providers</u> :	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If
pocket limit for this	\$6,850 person / \$13,700 family	you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. If you have
<u>plan</u> ?	For non-participating <u>providers</u> : \$13,700 person / \$27,400 family	other family members in this plan, the overall family out-of-pocket limit must be met.
What is not included in	Premiums, balance billing charges,	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u>
the out-of-pocket limit?	non-emergent penalty of \$300 and	<u>limit</u> .
	health care this <u>plan</u> doesn't cover.	
Will you pay less if you	Yes. See www.aetna.com/docfind	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the
use a <u>network provider</u> ?	/custom/mymeritain or call (800)	plan's network. You will pay the most if you use an out-of-network provider, and you
	343-3140 for a list of <u>network</u>	might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge
	<u>providers</u> .	and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your
		provider before you get services.
Do you need a referral	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
to see a specialist?	110.	Tou can see the <u>specianot</u> you choose without a <u>referrar</u> .
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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	Will Pay	
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)	Non-Participating Providers (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 copay/visit (office visits less than \$500)/20% coinsurance (office visits greater than \$500 per visit)	50% <u>coinsurance</u>	Copay applies per visit regardless of what services are rendered. You will pay a \$20 copay (deductible does not apply) if you receive telephone consultation
	<u>Specialist</u> visit	\$30 <u>copay</u> /visit (office visits less than \$500)/20% <u>coinsurance</u> (office visits greater than \$500 per visit)	50% <u>coinsurance</u>	services through Teladoc.
	Preventive care/screening/ immunization	No Charge	50% <u>coinsurance</u>	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge (Woman's Hospital)/20% coinsurance (facility other than Woman's Hospital when not performed during an office visit)	50% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.southernscripts	Generic drugs	\$15 copay (In-House 30-day)/\$20 copay (First Choice 30-day)/\$30 copay (Retail (not First Choice) 30-day)/\$30 copay (In house 31-90-day)/\$40 copay (Mail order & First choice 31-90 day)	\$20 <u>copay</u> (First Choice 30-day) / \$30 <u>copay</u> (Retail (not First Choice) 30-day) / \$40 <u>copay</u> (First choice 31-90 day)	Separate <u>prescription drug deductible</u> applies. Covers up to a 30-day supply (In-House, First Choice, and retail (non-First Choice)); 31- 90-day supply (In-House and mail order prescription), 30-day supply (<u>specialty drugs</u>). The <u>copay</u> applies per prescription. There is no charge or <u>deductible</u> for preventive drugs. Mandatory generic provision

		What You	Will Pay	
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)	Non-Participating Providers (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preferred brand drugs	\$55 copay (In-House 30-day)/\$60 copay (First Choice 30-day)/\$70 copay (Retail (not First Choice) 30-day)/\$110 copay (In house 31-90-day)/\$120 copay (Mail order & First choice 31-90 day)	\$60 copay (First Choice 30-day)/ \$70 copay (Retail (not First Choice)30-day)/ \$120 copay (First choice 31-90 day)	
	Non-preferred brand drugs	\$70 copay (In-House 30-day) / \$75 copay (First Choice 30-day) / \$85 copay (Retail (not First Choice)30-day) / \$140 copay (In house 31-90-day) / \$150 copay (Mail order & First choice 31-90 day)	\$75 copay (First Choice 30-day)/ \$85 copay (Retail (not First Choice)30-day)/ \$150 copay (First choice 31-90 day)	
	Compound drugs	\$70 copay (In-House 30-day) / \$75 copay (First Choice 30-day) / \$85 copay (Retail (not First Choice)30-day)	\$75 <u>copay</u> (First Choice 30-day) / \$85 <u>copay</u> (Retail (not First Choice)30-day)	
	Specialty drugs	\$225 <u>copay</u>	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>	
If you need immediate medical attention	Emergency room care	\$150 copay/visit, then 20% coinsurance (emergency services and non-emergency services)	copay/visit, then 50% coinsurance/(non- emergency services)	Non-participating <u>providers</u> are paid at the participating <u>provider</u> level of benefits for <u>emergency services</u> . A penalty of \$300 will apply for all providers for non- <u>emergency services</u> .
	Emergency medical transportation	20% coinsurance	20% coinsurance	none
	Urgent care	\$30 copay/visit (office visits less than \$500)/20% coinsurance (office visits	50% <u>coinsurance</u>	Copay applies per visit regardless of what services are rendered.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)	Non-Participating Providers (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		greater than \$500 per visit)			
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u>	50% <u>coinsurance</u>	none	
	Physician/surgeon fees	20% <u>coinsurance</u>	50% <u>coinsurance</u>		
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$30 copay/visit (mental health)/Not Covered (substance abuse services)	50% <u>coinsurance</u> (mental health)/Not Covered (substance abuse services)	none	
	Inpatient services	20% <u>coinsurance</u> (mental health)/Not Covered (substance abuse services)	50% <u>coinsurance</u> (mental health)/Not Covered (substance abuse services)		
If you are pregnant	Office visits	Based on place and type of service	50% coinsurance	You must use Woman's Hospital for delivery services if you live within a 100-	
	Childbirth/delivery professional services	20% coinsurance	Not Covered	mile radius of the hospital or the services will not be covered. <u>Cost sharing</u> does	
	Childbirth/delivery facility services	20% coinsurance (hospital) / 30% coinsurance (birthing center)	Not Covered	not apply to <u>preventive services</u> from a participating <u>provider</u> . Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby does not count toward the mother's expense; therefore the family <u>deductible</u> amount may apply. Birthing center expenses are only covered at Birth Center of Baton Rouge.	
If you need help	Home health care	20% coinsurance	50% <u>coinsurance</u>	none	
recovering or have other special health needs	Rehabilitation services	20% coinsurance	50% <u>coinsurance</u>	Includes physical, speech & occupational therapy. Cardiac rehab is limited to 36 sessions per illness (phase 2 only). Inpatient has a lifetime max of 365 days	
	Habilitation services	Not Covered	Not Covered	This exclusion will not apply to expenses related to the diagnosis, testing and treatment of autism, ADD or ADHD.	
	Skilled nursing care	20% coinsurance	50% <u>coinsurance</u>	none	
	<u>Durable medical equipment</u>	20% coinsurance	50% <u>coinsurance</u>	none	
	Hospice services	20% coinsurance	50% coinsurance	Bereavement counseling is covered if received within 6 months of death and	

		What You	ı Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)	Non-Participating Providers (You will pay the most)		
				limited to 15 visits per family.	
If your child needs	Children's eye exam	No Charge	50% coinsurance	Limited to 1 exam per year.	
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	
	Children's dental check-up	Not Covered	Not Covered	Covered under stand alone dental plan.	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u>.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (covered under stand alone dental plan)
- Glasses (Adult & Child)
- Habilitation services

- Long-term care
- Non-emergency care when traveling outside the U.S. (If you become sick or injured while traveling, the plan may cover expenses incurred up to 120 consecutive days. This 120-day time limit does not apply if you are traveling for business or are a student.)
- Routine foot care
- Substance use disorders

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture (only for smoking cessation)
- Chiropractic care (20 visits per year)
- Hearing aids (covered dependent children only)
- Infertility treatment (covered at Fertility Answers only 3 retrievals for attempts to conceive a first child, and 2 retrievals to conceive a second child)
- Private-duty nursing (15 shifts per admission)
- Routine eye care (Adult & Child 1 exam per year)
- Weight loss programs (for the treatment of morbid obesity only)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform or Woman's Hospital Foundation at (225) 924-8140. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or Woman's Hospital Foundation at (225) 924-8140.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$900
Primary care physician coinsurance	20%
Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost \$12,700

In this example, Peg would pay:

\$900		
\$0		
\$2,300		
What isn't covered		
\$60		
\$3,260		

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$900
Specialist copayment	\$30
Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	

Cost Sharing		
Deductibles*	\$1,000	
Copayments	\$1,200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,220	

Mia's Simple Fracture

(in-network emergency room visit and follow-up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$900
Specialist copayment	\$30
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost

In this example, Mia would pay:		
Cost Sharing		
Deductibles*	\$900	
Copayments	\$200	
Coinsurance	\$200	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,300	

^{*}Note: This plan has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services."

\$2,800